Now to Ghampoo

- Before getting in the shower, gently brush out extensions.
 This helps prevent matting and tangles.
- Use sulfate free shampoo and conditioner. This will protect your hair color and the color and quality of your extensions.
- Shampoo gently between rows (you do not need to scrub.) If you have more than one row use clips to separate each row during washing. This will ensure the water can thoroughly rinse out and avoid product build-up.

How to Partial Shampoo

 For days when you need extra volume or to remove oil without washing your entire head, separate the top of your natural hair from extensions.

With your extensions secured away from the top section, lean over sink and shampoo and condition top section only. Style as desired.

Now to Blow by

• Use a leave-in conditioner after showering and before brushing. When brushing hair, start on the ends and work your way up to the scalp. Hold the hair in hand (pinched like a pony tail or hold a row with hand against scalp) and brush down. This will help release tension on the weft foundation and avoid pulling your natural hair.

Now to Blow bry Continued...

 Rough dry your hair 80- 90% of the way, (meaning no tugging on extensions with styling tools. Just use hands and fingers)

If you have multiple rows the quickest and easiest rough dry method is to section each row and then rough dry them seperately.

(Make sure that if you have another stylist doing your hair that they follow these steps)

Now to Blow bry Continued...

 Always use a heat protectant to prolong the life of your extensions.
 A good heat protectant can make the difference of your extensions lasting 6 months or 9 months.

Heat protectants create a shield that protects the hair from blow drying and and hot tools. Now to Style

- If curling your extensions, run the extensions through the iron once before curling, This will help smooth and seal the cuticle giving it a more polished look.
- If wearing your extensions straight we recomend that you use a straight iron to smooth your extension. Be sure to include natural hair when taking sections of extension hair to blend the textures together.

Now to Style continued...

 After styling hair. Use a oil on extensions from the mid shaft to ends only. Use oil on ends every day to help prolong and protect extension life. Avoid layering oil on natural hair. This can cause it to become oily and separate from extensions.

Tips For Extending the Life of Your Extensions.

- Only use salon quality color with a professional who is experienced with extensions.
- After a few washes, the extension hair will expand, and take on a more natural feel and look. Some shedding is expected.
 Please notify me if you notice excessive shedding, tangling or discomfort.

Tips For Extending the Life of Your Extensions.

- Do not leave hair loose in jacuzzi.
 Always have your hair pinned up or in a braid to prevent tangling.
 Hot tubs, pools and salt water will significantly shorten the life of your extensions.
- Move-ups should be scheduled between 7-10 weeks this will insure that your natural hair is protected and stays healthy.

SLEEPING AMB EXERCISING.

- Never go to bed with wet or damp hair.
- To minimize tangling and prolong styling, pull hair back in loose braid or two braids.
- When exercising a braid is recomended to minimize tension for vigorous activities.
- A ponytail or top knot is better for gentle yoga and fashion statements.